



Sponsors

# 10th Annual Symposium on Current Concepts in Spinal Disorders 2011

A conference for orthopaedic surgeons, neurosurgeons, physical medicine and rehabilitation physicians, pain management physicians, physician assistants, residents, fellows, nurses and other healthcare providers interested in the surgical treatment of spinal disorders.

# February 3 - 5, 2011

# **Bellagio Hotel**

3600 Las Vegas Boulevard, South Las Vegas, Nevada 89109

For further information, please contact Cedars-Sinai Medical Center, the Office of Continuing Medical Education at (310) 423-5548.

# **Keynote Speakers:**

Oheneba Boachie-Adjei, MD, Chief of Scoliosis Service, New York Presbyterian Hospital Jay Gellert, President, CEO and Director, Health Net, Inc.

Hallett H. Mathews, MD, Vice President - Chief Medical Officer, Medtronic Inc.

Clive Svendsen, PhD, Director, Cedars-Sinai Regenerative Medicine Institute

# THURSDAY, FEBRUARY 3, 2011

Session I -	Healthcare Economics	Moderator: Rick Delamarter, MD
6:00 PM	Welcome and Introduction	Rick Delamarter, MD
6:30	Dinner and Keynote Speaker - Healthcare Economics Jay Gellert, President,	CEO and Director, Health Net, Inc.
7:00	Keynote Speaker - Healthcare Economics - A Surgeons Perspective	Stephen Hochschuler, MD
7:30	Question and Answer Session	
8:00	Small Group Attendee Case Presentations and Review	Cedars-Sinai Spine Center Panel

# FRIDAY, FEBRUARY 4, 2011

Session I	I - Spine Regenerative Technologies	Moderator: Hyun Bae, MD
7:30 AM	Stem Cell Imaging in Spinal Diseases: Tracking, Fate and Therapy	Dan Gazit, PhD, DMD
7:40	Genetic Markers for Disc Degeneration	David Kim, MD
7:50	Stem Cells in Intervertebral Disk: Role in Pathogenesis and Potential Therapy	Zulma Gazit, PhD
8:00	BMP in Spinal Surgery: A Critical Analysis	Hyun Bae, MD
8:10	Early Results From Korea Stem Cell Trial for Spinal Cord Injury	Do Heum Yoon, MD
8:20	Discussion and Expert Panel	Oheneba Boachie-Adjei, MD Hansen Yuan, MD David Bradford, MD
8:40	Keynote Speaker- Spinal Cord Delivery of Stem Cells for ALS	Clive Svendsen, MD
9:10	Question and Answer Session	
9:25	Break	

Session III - Minimally Invasive Surgeries		Moderator: John Liu, MD
9:45	Lateral Approach - Nerve Injury and Avoidance	William Taylor, MD
9:55	Minimally Invasive Lateral Applications in Spinal Deformity	John Liu, MD
10:05	Application of MIS in Spinal Trauma	James Schwender, MD
10:15	Neuroanatomy and Neuromonitoring - What You Should Know	Timothy Davis, MD
10:25	The Rationale for MIS: Key Biologic Concepts	Choll Kim, MD
10:35	Lamina / Spinous Process Plating for Intralaminar Fusions	Justin Field, MD

# **Course Description**

The 10th Annual Symposium on Current Concepts in Spinal Disorders will focus on current treatment methodology, new and emerging technologies, and controversies in spine care management. The faculty will be comprised of internationally recognized experts who will present lectures focusing on the new healthcare reform bill, frontier technologies, biologics and stem cells, minimally invasive surgeries, motion preservation, complications and controversies, and deformities and pain management. Participants will have several opportunities for discussion and are encouraged to join faculty for discussions and debates regarding all our topics.

# **Target Audience**

This educational activity is intended for orthopaedic surgeons, neurosurgeons, physical medicine and rehabilitation physicians, pain management physicians, physician assistants, residents, fellows, nurses and other healthcare providers interested in the surgical treatment of spinal disorders.

## **Educational Objectives**

- Identify key aspects of current federal health care policy.
- Identify short term and long term changes that are needed in physician practices.
- Describe how quality metrics will be analyzed by the government to evaluate performance and outcomes.
- List the biologic technologies that may be used in spinal surgery, identify their benefits of use and appropriately apply them in practice to improve patient outcomes.
- Label new technologies and describe patients who would benefit from these technologies.
- Define the parameters of minimally invasive surgical techniques and identify patients who would benefit from these procedures.
- Discuss controversies, benefits and risks associated with artificial disc replacement, and choose potential treatments for enhanced patient outcomes.
- Discuss the techniques used to minimize and/ or avoid complications from pre-operative diagnostic strategies to peri- and postoperative damage control.
- Describe the numerous pain management methods employed by spinal surgeons, including interventional management and evidence-based procedural approaches.

### **Accreditation Statement**

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## **Credit Designation Statement**

Cedars-Sinai Medical Center designates this educational activity for a maximum of 13.0 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### **Nurses**

The California and Nevada State Board of Registered Nursing accepts courses approved by the ACCME for category 1 credit as meeting the educational requirements for license renewal.

## American Academy of Physician Assistants Credit

This program is not yet approved for CME credit. Conference organizers plan to request 13 hours of *AAPA Category I CME credit* from the Physician Assistant Review Panel. Total number of approved credits yet to be determined.

# **Policy on Disclosure**

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

# **Acknowledgment of Commercial Support**

Commercial support is pending for this symposium and will be acknowledged at the conference.

#### **Course Directors**

#### Rick Delamarter, MD — Course Chairman

Orthopaedic Spine Surgeon Vice-Chair for Spine Services Department of Surgery Co-Medical Director, Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### John C. Liu, MD — Course Chairman

Neurosurgeon
Associate Professor
Director, Minimally Invasive Spine Surgery
Department of Neurological Surgery
Northwestern University
Feinberg School of Medicine
Chicago, IL

#### Hyun Bae, MD - Course Co-Chairman

Orthopaedic Spine Surgeon Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Neel Anand, MD - Course Co-Chairman

Director, Orthopaedic Spine Surgery Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Cedars-Sinai Faculty

#### Frank Acosta, MD

Neurosurgeon Department of Neurosurgery Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Eli M. Baron, MD

Neurosurgeon
Department of Neurosurgery
Cedars-Sinai Spine Center
Cedars-Sinai Medical Center

#### Jason Berkley, DO

Neurologist Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### **Timothy Davis, MD**

Physical Medicine and Rehabilitation Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Avrom Gart, MD

Medical Director, Physical Medical and Rehabilitation Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Dan Gazit, PhD, DMD

Professor, Director Stem Cell Therapeutics Research Lab Department of Surgery, Regenerative Medicine Institute Director, Molecular & Micro Imaging, Experimental Imaging Institute Cedars-Sinai Medical Center

#### Zulma Gazit, PhD

Senior Scientist
Co- Director, Stem Cell Therapeutics
Research Lab
Department of Surgery,
Regenerative Medicine Institute
Cedars- Sinai Medical Center

#### Michael A. Kropf, MD

Orthopaedic Spine Surgeon Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Brian R. Perri, DO

Orthopaedic Spine Surgeon Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Alexandre Rasouli, MD

Orthopaedic Spine Surgeon Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Khawar M. Siddique, MD

Neurosurgeon Cedars-Sinai Spine Center Cedars-Sinai Medical Center

#### Clive Svendsen, PhD

Director, Regenerative Medicine Institute Cedars-Sinai Medical Center

#### Christopher J. Zarembinski, MD

Anesthesiologist The Pain Center Cedars-Sinai Medical Center

#### **Guest Faculty**

#### Oheneba Boachie-Adjei, MD

Weill Medical College of Cornell University, Professor of Orthopaedic Surgery Hospital for Special Surgery, Attending Orthopaedic Surgeon, Chief of Scoliosis Service New York Presbyterian Hospital, Attending Orthopaedic Surgeon Memorial Sloan-Kettering Cancer Center, Associate Attending Surgeon New York, NY

#### David S. Bradford, MD

Professor and Chair Emeritus Department of Orthopedic Surgery University of California, San Francisco San Francisco, CA

#### Reginald J. Davis, MD, FACS

Chief of Neurosurgery
The Greater Baltimore Medical Center
Assistant Professor
Department of Neurosurgery
Johns Hopkins Hospital
Clinical Instructor
Department of Neurosurgery
University of Maryland
Baltimore, MD

#### Michael J. DePalma, MD

Medical Director
Virginia Commonwealth
University Spine Center
Director, Interventional
Spine Care Fellowship
Associate Professor
Department of Physical Medicine and
Rehabilitation
Virginia Commonwealth University/ Medical
College of Virginia Hospitals
Richmond, VA

#### Justin Field, MD

Orthopedic Spine Surgeon Desert Institute for Spine Care Phoenix, AZ

#### David E. Fish, MD, MPH

Chief, Division of Interventional Physiatry Associate Professor, Department of Orthopedics/Physical Medicine and Rehabilitation

#### **Jay Gellert**

President, CEO and Director Health Net, Inc.

#### Richard D. Guyer, MD

Chairman, TBI Research Foundation Associate Clinical Professor of Orthopedics University of Texas Southwestern School of Medicine Dallas, TX

#### Stephen H. Hochschuler, MD

Chairman, Texas Back Institute Plano, TX

#### Serenu Hu, MD

Professor and Vice Chair Chief, Spine Service Department of Orthopedic Surgery University of California, San Francisco San Francisco, CA

#### Choll W. Kim, MD, PhD

Spine Institute of San Diego Center for Minimally Invasive Spine Surgery at Alvarado Hospital Executive Director, Society for Minimally Invasive Spine Surgery Associate Clinical Professor, University of California, San Diego Medical Center San Diego, CA

#### David H. Kim, MD

Director of Medical Education Department of Orthopaedic Surgery New England Baptist Hospital Tufts University School of Medicine Boston, MA

#### **Todd Lanman, MD**

Neurosurgeon Assistant Clinical Professor UCLA Medical Center Los Angeles, CA

#### Robert M. Levy, MD

Professor of Neurosurgery Northwestern University Chicago, IL

# Isador Lieberman, MD, MBA, FRCSC

Director, Scoliosis and Spine Tumor Program Texas Back Institute Plano, TX

## Hallett H. Mathews, MD, MBA

Vice President – Chief Medical Officer Medtronic Inc. Restorative Therapies Group Spinal & Biologics Memphis, TN

#### Ronnie Mimran, MD

Neurosurgeon Pacific Brain & Spine Medical Group San Ramon, CA

## James W. Ogilvie, MD

Professor Emeritus
Department of Orthopaedic Surgery
University of Minnesota School of

#### Mark A. Rieley, MD

Chief Medical Officer SI-Bone San Jose, CA

#### Harvinder S. Sandhu, MD

Spine Surgeon Hospital for Special Surgery Associate Professor Weill Medical College, Cornell University New York, NY

#### James Schwender, MD

Spine Surgeon, Twin Cities Spine Center President, Society for Minimally Invasive Spine Surgery Assistant Professor, University of Minnesota Minneapolis, MN

## David L. Skaggs, MD

Professor and Chief of Orthopaedic Surgery Children's Hospital, Los Angeles University of Southern California School of Medicine Endowed Chair of Pediatric Spinal Disorders Los Angeles, CA

#### William Taylor, MD

Clinical Professor of Surgery Vice Chairman, Academic Affairs UCSD, Division of Neurosurgery Minimally Invasive and Complex Spine San Diego, CA

#### Ensor E. Transfeldt, MD

Spine Surgeon Twin Cities Spine Center Associate Professor University of Minnesota Minneapolis, MN

#### Vijay Vad, MD

Assistant Professor in Rehabilitatio Medicine Hospital for Special Surgery, Weill Medical College of Cornell University New York, NY

#### Christopher A. Yeung, MD

Orthopedic Spine Surgeon Desert Institute for Spine Care Phoenix, AZ

#### Do Heum Yoon, MD

Department of Neurosurgery Yonsei University Seoul, Korea

#### Hansen A. Yuan, MD

Professor Emeritus, Orthopaedic ar Neurological Surgery SUNY Upstate Medical University Syracuse, NY

#### Jack E. Zigler, MD, FACS, FAA

Medical Director Texas Back Institute Plano, TX

# SATURDAY, FEBRUARY 5, 2011

Session V	I - Deformities	Moderator: David Bradford, MD
8:00 AM	Understanding the Genetics of Adolescent Idiopathic Scoliosis	James Ogilvie, ML
8:09	State of the Art Scoliosis Correction: What I Would Really Want for My Daughte	r David Skaggs, ME
8:18	Surgical Planning for Adult Deformity	Michael Kropf, ML
8:27	When the Degenerative Surgery Becomes a Deformity Case	Serena Hu, ME
8:36	Posterior Osteotomies	Oheneba Boachie-Adjei, ML
8:45	Special Considerations for Instrumentation / Fusion in the Osteoporotic Spine	Frank Acosta, ML
8:54	Surgery with New Technologies - Case Presentations	Neel Anand, ML
9:03	Discussion and Expert Panel	Hansen Yuan, ML
		David Bradford, ML
9:13	Keynote Speaker - Spinal Care: A Journey with Another FOCUS	Oheneba Boachie-Adjei, ML
9:43	Discussion and Expert Panel	Hansen Yuan, ML David Bradford, ML
9:50	Break	
Session V	'II - Motion Preservation	Moderator: Rick Delamarter, ML
10:00	Multi-level Cervical Arthoplasty	Brian Perri, DO
10:09	Single Center Cost Analysis for ADR vs. Fusion in a Matched Patient Set	Jack Zigler, ML
10:18	Viscoelastic Disc Replacement	Isador Lieberman, ML
10:27	Artificial Disc: Extreme Cases	Rick Delamarter, ML
10:36	Lumbar TDR: Difficulties with Adoption 11 Years Later in the US	Richard Guyer, ML
10:45	Discussion and Expert Panel	Hansen Yuan, ML David Bradford, ML Oheneba Boachie-Adjei, ML
Session V	/III - Pain Management	Moderator: Timothy Davis, ML
11:00	Changes in Medication Management - ePrescribe; DEA Reporting	Jason Berkley, DC
11:09	Challenges in Spinal Injections	Christopher Zarembinski, ML
11:18	Sacroiliac Joint: What Do We Know and How Can We Treat It?	David Fish, ML
11:27	Provocative Discography: History & Contention	Avrom Gart, MI
11:36	Update on Intradiscal Biologic Therapeutic Agents for Degenerative Interverteb	oral Discs Michael Depalma, ML
11:45	Spinal Cord Stimulation for Failed Back Syndrome: An Evidence Based Review	Robert Levy, ML
11:54	Outcomes for Interventions for Discogenic Low Back Pain	Vijay Vad, ML
12:03 PM	Discussion, Expert Panel	Hansen Yuan, ME Oheneba Boachie-Adjei, ME