



CEDARS-SINAI MEDICAL CENTER

Institute for Spinal Disorders

Sponsors

Eighth Annual Symposium on Current Concepts in Spinal Disorders 2009

A conference for orthopedists, neurosurgeons, fellows, residents and other physicians interested in the surgical treatment of spinal disorders

Conference:

Thursday, January 29, 2009:	7:30 am to 4:30 pm
Friday, January 30, 2009:	7:00 am to 4:30 pm
Attendees Reception:	6:00 pm
Saturday, January 31, 2009:	7:30 am to 1:00 pm

Mandalay Bay Hotel - Mandalay Bay Conference Center

3950 Las Vegas Boulevard, South • Las Vegas, Nevada

A limited number of rooms at THEHotel at Mandalay Bay have been reserved for meeting attendees.

There will also be non-CME industry sponsored hands-on workshops on various days when the symposium is not in session

THURSDAY, JANUARY 29, 2009

7:30 am

Registration

Introduction and Overview

Neel Anand, MD

SESSION I PAIN MANAGEMENT

HEAD AND NECK

Cervicogenic Headache: Mechanisms and Modalities

Cervical Pain and Migraine Headaches: Are They Related?

Diagnostic and Therapeutic Cervical Injections

Opioid-Induced Hyperalgesia: Neural Mechanisms and Clinical Implications

Cervical Neuraxial Injection Controversies

Discussion

THORACIC AND LUMBAR SPINE

Vertebroplasty and Kyphoplasty: Pros and Cons

21st Century Discography and the HIZ

Advanced Disc Therapies

Functional Anesthetic Discography

Correlating Intro-Operative Chromo-Discography with Endoscopic Patho-Anatomy of the Lumbar Spine

Discussion

Break

ADVANCED TREATMENT MODALITIES

Spinal Cord Stimulation-Axial Low Back Pain versus Radiiculopathy

Radiofrequency Neurotomy: How is the SI Joint Treated?

Intrathecal Delivery Pumps: Latest Treatments for Nociceptive Pain

Peripheral Nerve and Subcutaneous Stimulation

Discussion

NON-INVASIVE MODALITIES

Psychological Assessment and Warning Signs for Invasive Procedures

Rehabilitation: How to Optimize Outcome

EMG for the Spine Surgeon

Discussion

Lunch

SESSION II BIOLOGICS

BMP-2: Facts, Science, Indications and Successes

BMP-2: Controversies, Complications and the Future

Platelet Factors and Bone Graft Extenders

Stem Cell Based Fusion

Stem Cells and Spinal Cord Injury

Nucleus Regeneration

Collagen Crosslinking for Tissue Repair

Expert Panel Summary

SESSION III NUCLEUS REPLACEMENT/REPAIR

Rationale and Indications (Overview of all Devices)

Hydraflex

NeuDisc

NuCore

DASCOR

PSD

NUBAC

Regain

Case Panel Discussion

Expert Panel Summary

SESSION IV VERTEBRAL COMPRESSION FRACTURES (VCF) UPDATES

VCF - Updates Complications of Cement Augmentation
 StaXx for VCF
 Update on Cement Augmentation for VCF
 OsseoFix
 Discussion
 Expert Summary
 4:30 pm Adjourn

FRIDAY, JANUARY 30, 2009

7:00 am Registration and Continental Breakfast
 Introduction and Overview

SESSION V MINIMALLY INVASIVE INNOVATIVE TECHNOLOGIES

Minimally Invasive Spinal Surgery - Why Is It Not Universal?
 Endoscopic Lumbar Spinal Surgery
 Percutaneous Endoscopic Cervical Discectomy
 Thoracoscopic and Laparoscopic Spine Surgery 2008
 Discussion
 StaXx for Interbody Fusion
 Outpatient AxialIF
 Transposas Lateral Interbody Fusion XLIF/DLIF
 XLIF for Thoracic Spine
 Minimizing The ALIF
 Multilevel Percutaneous Pedicle Screw Fixation for Spine Trauma
 Discussion
 Expert Summary

SESSION VI FRONTIER TECHNOLOGIES

Digital Operating Room For Safer Spine Surgery
 Image Guidance and Robot Assisted Spine Surgery: The New Use of O-Arm
 Cyperknife for Spinal Neoplasms
 PediGuard
 Nucleus Repair
 Annular Repair

Lunch: Keynote Speaker: Surgeon Reimbursement and Economics of Spine Surgery - 2009 and Beyond (no CME credit for this Lecture)

Robin Young, CFA

SESSION VII POSTERIOR NON-FUSION (PNF)

Biomechanics of Posterior Non-Fusion Devices

Interspinous Spacers

Overview and Indications for Interspinous Spacers
 X-Stop
 DIAM
 Wallis
 Co-flex
 Discussion

Pedicle Based Devices

Dynesys
 Isobar
 N-Spine (Enhance)
 DSS
 Stabilimax
 Discussion

Facet Replacement Devices

Overview and Indications for Facet Replacement Devices

TOPS

Total Facet Arthroplasty System

Anatomical Facet Replacement System

Discussion

Expert Summary

Break

SESSION VIII DEFORMITY

Genetic Testing for Scoliosis

Outcomes for Adult Spinal Deformity

Pros and Cons of Thoracic Pedicle Screw Instrumentation in Pediatric Deformity

Endoscopic Anterior Correction of Thoracolumbar Scoliosis

Mid Cervical Deformity

Cervical Thoracic Deformity

PSO in the Thoracic Spine

Revision Strategies for Sagittal Coronal Deformities

Surgery of the Unfused Compensatory Thoracolumbar Curve in Adult Scoliosis

Fusionless Deformity

Multi-Level Minimally Invasive Fusion for Adult Degenerative Scoliosis

Q & A

SESSION IX COMPLICATIONS & PROBLEMS IN ROUTINE SPINAL SURGERY

Medical Errors and Malpractice

Strategies for Avoiding Complications and Pitfalls

Dural Tears and Persistent CSF Leaks

Revision Strategies for the Previously Operated Patient

Two Cases Discussions with Two Senior and Two Junior Faculty

Q & A

4:30 pm

Adjourn

6:00 pm

Attendees Welcome Reception

SATURDAY, JANUARY 31, 2009**SESSION X LUMBAR ADR**

7:30 am

Continental Breakfast

Kinematics of Lumbar ADR

Indications - Patient Selection - Contra-Indications and Summary of Discs Today

ADR DOES NOT Prevent Adjacent Segment Degeneration

ADR DOES Prevent Adjacent Segment Degeneration

Discussion

Is There a Role for Hybrid Constructs

Hybrid Constructs Are Just a Marketing Ploy

Discussion

Point: L5-S1 - TDR Has No Benefit

Counterpoint - L5-S1 TDR Is Better than Fusion

Discussion

Vascular Surgeons Perspective on How to Avoid ADR Complications

Surgeons Perspective on Avoiding ADR Complications

Panel Discussion

Expert Summary

Break

LUMBAR ADR CLINICAL DATA

Charite Data
ProDisc Data
Maverick Data
Discussion

Flexicore
Kineflex
MobiDisc

Other Concepts:
Lateral TDR
Posterior TDR
Panel Case Discussions
Expert Summary

Keynote Lecture - Consulting Agreements, Product Development and Off-Label Use of Innovative Medical Technologies

David Polly, Jr., MD

SESSION XI CERVICAL ADR

Kinematics of Cervical ADR
Indications - Patient Selection - Contra-Indications
Cervical Fusion is Still the Gold Standard
Cervical ADR Will Become the Gold Standard
Discussion

Cervical ADR is Best Suited for Single Level Disease
Cervical ADR is Best Suited for Multilevel Disease
Discussion

Cervical ADR is Best Suited for Cervical Myelopathy
Cervical Fusion is Best Suited for Cervical Myelopathy
Discussion
Break

CERVICAL ADR CLINICAL DATA

Bryan
Prestige
ProDisc
Secure-C
PCM
Cervicore
Kineflex-C
Mobi C
NeoDisc
Panel Discussion
Expert Summary
Adjourn

1:00 pm

Meeting Location

The Mandalay Bay Hotel is located on the South end of the Las Vegas Strip about 2 miles from McCarran International Airport.

Directions to Meeting Location

From North: Take the I-15 South. Exit Right at Russell Road, turn left at Las Vegas Boulevard. Mandalay Bay Hotel is located on the left side of the street, enter driveway for Valet Parking. For Self-Parking, proceed to Mandalay Bay Drive, turn left and proceed to the Garage Parking.

From Los Angeles: Take the I-15 North. Exit Left at Russell Road, turn left at Las Vegas Boulevard. Mandalay Bay Hotel is located on the left side of the street, enter driveway for Valet Parking. For Self-Parking, proceed to Mandalay Bay Drive, turn left and proceed to the Garage Parking.

From McCarran Airport: Go toward Airport Exit, bear left onto the highway toward ARRIVING FLIGHTS/PASSENGER PICKUP/LONG TERM PARKING/SHORT TERM PARKING. Continue on Swenson Street toward Airport Exit. Turn left on Tropicana Avenue. Turn left onto South Las Vegas Boulevard. Turn into the hotel and follow signs to parking garage.

Las Vegas Strip: Take Las Vegas Boulevard North to the Mandalay Bay Hotel located between Russell Road and Hacienda Avenue.

Activity Information

Course Description

The 8th Annual Symposium on Current Concepts in Spinal Disorders will focus on current treatment methodology, new and emerging technologies and controversies in spine care management. Our faculty will be comprised of internationally recognized experts who will present lectures focusing on conservative care, biologics, cervical and lumbar artificial disc replacement clinical data, new lumbar disc replacement, controversies in motion preservation, deformity, posterior non-fusion technologies, and innovative technologies. Participants will have several opportunities and are encouraged to join faculty for discussions and debates regarding the above topics.

Educational Objectives

- Utilize current conservative care treatment options to assist in surgical decision making for improving patients' surgical outcomes
- Incorporate BMP indications and delivery systems as a way to enhance osteogenesis among future spine surgery candidates to achieve optimal results
- Use basic science to evaluate best options in patient selection for achieving optimal surgical outcomes
- Compare the various types of artificial lumbar discs, surgical indications/outcomes, and guide device selection for individual patients in order to make the best management and treatment decision.
- Assess the pros & cons of various motion preservation techniques to optimize patients' surgical outcomes
- Compare and contrast new artificial lumbar discs and their specific implant outcomes as a way to update surgical decision-making and selection of patients ideally qualified for which application
- Evaluate/critique the current surgical techniques and outcomes for spinal deformity patients and assess proposed management techniques being developed for future use in your practice
- Increase your knowledge regarding the surgical approaches and long term outcomes of artificial discs, by selecting the best candidate and appropriate application for obtaining optimal results
- Increase your knowledge on emerging technology by comparing and contrasting fusion vs. non-fusion technologies' safety and effectiveness and their viability for use in your patients care
- Analyze the efficiencies of innovative technology options on a case by case basis and assess its usefulness for your patients as it applies to real life scenarios

Accreditation Statement

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation Statement

Cedars-Sinai Medical Center designates this educational activity for a maximum of 17.25 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses

The California and Nevada State Boards of Registered Nursing accept courses approved by the ACCME for category 1 credit as meeting the educational requirements for license renewal.

Policy on Disclosure

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. Cedars-Sinai Medical Center assesses conflict of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

Acknowledgment of Commercial Support

Cedars-Sinai Medical Center gratefully acknowledges educational grants from the following companies in support of this activity:

Medtronic

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Ellman

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Joimax

Orthofix/Blackstone

Pioneer Surgical Technology

SpineWave

Stryker

Trans1

Zimmer Spine

Elsevier

Lippincott Williams

Additional support is pending and will

Faculty (Partial Listing - Complete Faculty Pending)

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